

# Richard E. Cleveland, PhD, LPC, NCC, ACS

Associate Professor, School Counseling Program Coordinator  
MEd Counselor Education Program  
Department of Leadership, Technology & Human Development, Georgia Southern University  
PO Box 8131, Statesboro, Georgia 30460-8131

rcleveland@georgiasouthern.edu *email*

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## EDUCATION

PhD	2013	Counselor Education	Seattle Pacific University, <i>Seattle, Washington</i>
MEd	2005	School Counseling	Seattle Pacific University, <i>Seattle, Washington</i>
BA	1999	Mathematics	Seattle Pacific University, <i>Seattle, Washington</i>

## LICENSURE & CERTIFICATIONS

<i>2018-present</i>	Licensed Professional Counselor (LPC), State of Georgia, #LPC010050
<i>2016-present</i>	Approved Clinical Supervisor (ACS), Center for Credentialing & Education (CCE), #ACS02505
<i>2016-present</i>	National Certified Counselor (NCC), National Board for Certified Counselors (NBCC), #670983
<i>2015-present</i>	Quality Matters Independent Applying the QM Rubric (APPQMR) Certification. Online course design rubric implementation. Initial completion June 3, 2015.
<i>2014-present</i>	Collaborative Institutional Training Initiative (CITI) Human Subjects Social & Behavioral Research Certification. Electives: Research with Children (507), Research in Public Elementary and Secondary Schools (508), International Research (509), and Internet-Based Research (510).

## RESEARCH INTERESTS

- School Counseling Outcome Research
- Quantitative Research Methods & Factor Analyses
- Spirituality & Mindfulness
- Cognitive/Physical Stress Response

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## TEACHING & PROFESSIONAL EXPERIENCE

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**August, 2020-present**

**Associate Professor, Program Director**

Counselor Education Masters Program, Clinical Mental Health Counseling & School Counseling Concentrations  
Department of Leadership, Technology & Human Development  
College of Education, Georgia Southern University, Statesboro Georgia

Graduate Level Courses Taught

*Masters Level*

- COUN7233 Family Counseling
- COUN7333 Counseling Skills
- COUN7334 Group Dynamics
- COUN7336 Career Counseling
- COUN7338 Lifespan Development
- COUN7437 School Counseling Program Coordination & Curriculum
- COUN7445 Ethics & Foundations of School Counseling
- COUN7448 Leadership, Consultation & Intervention in Schools
- COUN7449 Family/School/Community Collaboration
- COUN7737 Counseling Practicum
- COUN8590 Collaboration in Schools & Communities
- COUN8590 Designing & Implementing Data-Based Interventions in Schools

*EdS Level*

- COUN8536 Advocacy & Systemic Change in Diverse Societies

**May, 2019-present**

**Associate Professor, Program Coordinator**

Counselor Education Masters Program, School Counseling Concentration  
Department of Leadership, Technology & Human Development  
College of Education, Georgia Southern University, Statesboro Georgia

**August, 2014-May, 2019**

**Assistant Professor, Program Coordinator**

Counselor Education Masters Program, School Counseling Concentration  
Department of Leadership, Technology & Human Development  
College of Education, Georgia Southern University, Statesboro Georgia

**September, 2010-June, 2014**                      **Adjunct Instructor**

School of Education, Seattle Pacific University, Seattle Washington

Graduate Level Courses

General Education Focus

- EDU 6655 Human Development & Principles of Learning

School Counseling Focus

- EDCO 6600 Introduction to Systems Theory
- EDCO 6670 Introduction to School Counseling
- EDCO 6930 Individual Counseling Practicum I
- EDCO 6931 Individual Counseling Practicum II
- EDCO 6940 School Counseling Internship & Intern Supervision

Undergraduate Level Courses

General Education Focus

- EDU 2200 History of American Education & Applications of Educational Psychology

**September, 2012-June, 2014**                      **Assessment/Accreditation Assistant**

School of Education, Seattle Pacific University, Seattle Washington

School Counseling Certification Program Design

Washington State School Counselor Professional Certificate (ProCert)

- Creating program structure, budget, marketing and admissions
- Aligning vision & mission of university with state/national standards
- Incorporating technology for synchronous assessment of evidence & reflection

School Counseling & Teacher Preparation Program Accreditation

Council for Accreditation of Counseling & Related Educational Programs (CACREP)

- Authoring and reviewing application for initial accreditation

National Council for Accreditation of Teacher Education (NCATE/CAEP)

- Constructing and facilitating digital evidence room for reviewers (Microsoft SharePoint)

**August, 2005-June, 2010**                      **Professional School Counselor**

Woodside Elementary School, Everett Public Schools, Bothell Washington

Comprehensive School Counseling Program (CSCP) Design/Delivery

- 1.0 FTE school counselor assigned to elementary level
- Design and implementation of CSCP based on ASCA National Model
- Member of District Response Team (DRT)

## DIRECTED STUDENT LEARNING

- Ed.D. Dissertation Committee Member, "The Influence of Dual Enrollment Programs on College Retention and Graduation", Department of Leadership, Technology, and Human Development. Serving as content specialist. (Anticipated Prospectus Defense, August 2021).  
Advising: Nicholas Urquhart
- Ed.D. Dissertation Committee Member, "Dual Enrollment Program Models in Secondary and Post-Secondary Environments", Department of Leadership, Technology, and Human Development. Serving as content specialist. (Anticipated Prospectus Defense, August 2021).  
Advising: Sharon K. Komanecky
- Ed.D. Dissertation Committee Member, "The Impact of School Tasks on the Leadership Self-Efficacy of Principals and Assistant Principals", Department of Leadership, Technology, and Human Development. Serving as methodologist. (Completed, October 29, 2020 ).  
Advising: Torri Jackson
- Ed.D. Dissertation Committee Member, "Relationship Between School Climate and Student Achievement in Middle Schools", Department of Leadership, Technology, and Human Development. Serving as methodologist. (Completed Prospectus Defense, September 29, 2020 ).  
Advising: Brad Boykin
- Ed.D. Dissertation Committee Member, "The Relationship Between Instructional Leadership Practices and Leadership Self-Efficacy of School Leaders", Department of Leadership, Technology, and Human Development. Served as content specialist. (Completed, November 6, 2019).  
Advised: Carter Akins
- Ed.D. Dissertation Committee Member, "A Meta-Assessment of an Institution's Administrative Assessment Processes", Department of Leadership, Technology, and Human Development. Served as methodologist. (Completed November 6, 2018)  
Advised: Cindy Groover
- Ed.S. Dissertation Committee Member, "Implicit Racial Bias in Counselors-in-Training", Department of Leadership, Technology, and Human Development. Served as content specialist. (Completed April 23, 2018).  
Advised: John O. Nwosu, Jr.
- Ed.S. Dissertation Committee Member, "The Effects of Group Consultation on Parents of Elementary School Students to Help Motivate Students to Achieve Their Goals", Department of Leadership, Technology, and Human Development. Served as content specialist. (Completed December 8, 2016).  
Advised: Donna Kessler
- Ed.S. Dissertation Committee Member, "Rural Principals' Understanding of the Role of the School Counselor", Department of Leadership, Technology, and Human Development. Served as committee chair. (Completed April 25, 2016).  
Advised: Janet R. McGhee
- Ed.S. Dissertation Committee Chair, "The Effects of a Cross-Age Peer Mentoring Program on Seventh Grade Students' School Connectedness", Department of Leadership, Technology, and Human Development. Served as methodologist. (Completed December 3, 2015).  
Advised: Sarah Elizabeth Cravey Kraus
- Ed.D. Dissertation Committee Member, "An Evaluation of a Secondary Student Advisement Program", Department of Leadership, Technology, and Human Development. Served as methodologist. (Completed June 26, 2015).  
Advised: Barbara A. Jordan

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## SERVICE

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### SERVICE TO INSTITUTION

- 2020-present* Program Director, Counselor Education MEd Program
- Managing both Clinical Mental Health Counseling and School Counseling concentrations
  - Writing annual Program Assessment Report (PAR) for institution
- 2020-present* Member, University Academic Program Review Steering Committee
- Evaluate all academic program reviews
- 2020-present* Co-Chair, College of Education Accreditation & Assessment Committee
- Representing departmental assessment needs and concerns
  - Assisting College of Education with accreditation agencies (e.g., CAEP)
- 2019-2020* Chair, Counselor Education Faculty Search Committee
- Writing and revision of posting materials
  - Crafting content-specific criteria & coordination of media/advertiser outlets for posting
  - Initial screening of all applicants
  - Coordinating search committee members & activities
- 2018-2019* Co-Chair, Counselor Education Faculty Search Committee
- Writing and revision of posting materials
  - Crafting content-specific criteria & coordination of media/advertiser outlets for posting
  - Initial screening of all applicants
- 2017-2020* Member, College of Education Accreditation & Assessment Committee
- 2016-2019* Mentor, Georgia Southern University SoTL Fellows Program
- Recognized for research and award grant funding
- 2016-present* Member, Georgia Southern University SoTL Leadership Team
- Assisting with SoTL professional development for institution
- 2016-2019* Alternate, Georgia Southern University Faculty Senate
- Serving as alternate for primary delegates
- 2014-present* Program Coordinator, School Counseling Concentration
- Coordinating graduates' P-12 certification with state Professional Standards Commission
  - Coordinating students' field experiences with College of Education placement office
  - Supervision of adjuncts for school counseling content courses
  - Writing school counseling specialty section of CACREP reaccreditation report
- 2014-2016* Member, College of Education Accreditation & Assessment Committee
- 2014-2015* Report preparation, SACS, School Counseling concentration
- Writing assessment report for regional accreditation
- 2014-2015* Member, Counselor Education Faculty Search Committee
- Writing and revision of posting materials
  - Coordination of media/advertiser outlets for posting
  - Providing content-specific criteria for posting

## EDITORIAL WORK AND REVIEWING

2018-present	Editorial Board member for International Journal for Scholarship of Teaching & Learning.
2016-present	Manuscript reviewer for Professional School Counselor, American School Counselor Association.
2014-present	Manuscript reviewer for Journal of School Counseling.
2015, May	Reviewer for 2015 Savannah Chatham County Public School System Counselor of the Year.
2014, October	Proposal reviewer for 26th Annual National At-Risk Youth Conference.
2011, October	Reviewer for 2012 American School Counselor Association Foundation Scholarship.

## ASSOCIATION MEMBERSHIPS

2005-present	American School Counselor Association
2014-present	Georgia School Counselor Association
2016-present	American Counseling Association

## HONORS & AWARDS

2020, February	<i>Nominee, Jack Miller Service Award.</i> College of Education, Georgia Southern University.
2018, February	<i>Nominee, Jack Miller Service Award.</i> College of Education, Georgia Southern University.
2016, February	<i>2014-15 Award of Excellence for Academic Assessment Program Report, MEd Counselor Education Concentration in School Counseling Program.</i> Awarded by Office of Institutional Effectiveness, Georgia Southern University
2015, May	<i>2015-16 SoTL Research Fellow.</i> Awarded by Centers for Teaching & Technology, Georgia Southern University
2012, February	<i>Outstanding Past President Award.</i> Awarded by Washington School Counselor Association
2009, June	<i>Outstanding Educator Award.</i> Awarded by Woodside Elementary PTA
2008, February	<i>Elementary School Counselor of the Year.</i> Awarded by Washington School Counselor Association

## PROFESSIONAL SERVICE & REPRESENTATION

2017-2020	Director, Counselor Educators [State elected position] Georgia School Counselor Association
2016-2017	Chair, School Counseling Coordinators/Educators [Appointed position] Georgia School Counselor Association
2016, October	University & Rural Populations Representative, Georgia Team [Appointed position] 5th National White House Convening on College & Career Readiness
2011-2012	Past President Washington School Counselor Association
2010-2011	President Washington School Counselor Association
2009-2010	President Elect Washington School Counselor Association
2007-2009	Vice President, Elementary Level Washington School Counselor Association
2009-2011	Chair Seattle Pacific University School of Education School Counseling Program PEAB

## **PROFESSIONAL CONFERENCES COORDINATED**

Georgia Department of Education 2017 Suicide Prevention Summit: *Understanding Data and Prevention Strategies for Addressing Suicide Deaths Among Children Ages 10-17* (2017, September). Multi-agency conference including Georgia Department of Education (GaDOE), Department of Behavioral Health & Developmental Disabilities, Georgia Bureau of Investigation, Child Fatality Review Board, and Children's Healthcare of Atlanta. Served as conference host representing Georgia Southern University while serving as site liaison for GaDOE.

## **PROFESSIONAL CONSULTATION**

Liberty County Schools (2018). Consultant designing professional learning community (PLC) in-service workshops for all district school counselors during 2018-2019 academic year. Collaborated with district leadership in planning PLC content, schedule, and evaluative data. Functioned as primary PLC presenter, transitioning to district leaders towards facilitating sustainable professional development.

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## SCHOLARSHIP

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### SCHOLARSHIP IN PROGRESS

- Melton, B., Rochani, H., **Cleveland**, R. E., Gallagher, C. (*in process*). Equipping firefighter awareness: Mindfulness as a component of overall wellness and injury prevention. Tactical Athlete Research Initiative, Georgia Southern University.
- Melton, B., Ryan, G., **Cleveland**, R. E., Smith, A. (*in process*). Mindfulness within active duty police officers: Exploration of first responders' mindfulness as measured by the MAAS. Tactical Athlete Research Initiative, Georgia Southern University.

### GRANTS

- Bryan, R., Melton, B., **Cleveland**, R. E., (2021). Use of Force and De-escalation Training, State of Georgia 2021 Law Enforcement Training Programs Grant. (\$150,000, requested). Grant submitted April, 2021; decision pending.
- Cleveland**, R. E. (2019). Mindfulness & Solitude. 2019 Seed Grant Award, Research Committee, College of Education, Georgia Southern University. (\$1,938, fully funded). Grant facilitating summer research assistant position aiding in data analysis.
- Cleveland**, R. E. (2019). 2018-2019 Spring Travel Award Competition, Faculty Development Committee, Center for Teaching and Technology, Georgia Southern University. (\$3,200, 50% partially funded). Grant enabling travel for invitational international conference presentation.
- Cleveland**, R. E. (2017). Mindfulness-Based Tactical Instruction (MBTI). 2017 Seed Grant Award, Research Committee, College of Education, Georgia Southern University. (\$3,770, fully funded). Functioned as PI coordinating collaboration between College of Education, United States Pentagon Force Protection Agency, and local city/county law enforcement agencies.
- Cleveland**, R. E. (2017). 2016-2017 Spring Travel Award Competition, Faculty Development Committee, Center for Teaching and Technology, Georgia Southern University. (\$1,500, 75% partially funded).
- Mayes, R., **Cleveland**, R. E., Greer, K., Rittschof, K., Williams-Johnson, M., & Welcker, J. (2015). Planning our Educational Path (PREP). Improving Education Systems: Policies, Organization, Management, and Leadership Exploration four-year proposal. (\$1.4 million, not funded)
- Cleveland**, R. E. (2015). Reflection2.0: Student Mini-Blogging to Enhance Reflection. SACES Research and Best Practices Award. (\$500, not funded)
- Cleveland**, R. E. (2015). Reflection2.0: Student Mini-Blogging to Enhance Reflection. Awarded Scholarship of Teaching & Learning (SoTL) Fellowship. Grant awarded by SoTL, Centers for Teaching & Technology, Georgia Southern University. (\$3,000, fully funded). Functioned as PI for research.
- Cleveland**, R. E. (2015). Savannah-Chatham County Public School System School Counselor Professional Development Project. Grant awarded by College of Education Partnership Council, Georgia Southern University. (\$1,530, fully funded). Functioned as PI and primary presenter for resulting professional learning community activities.



## PEER-REVIEWED PUBLICATIONS

- Cleveland**, R. E. (2020). Aware I am alone: Intersections of solitude and mindfulness. *Pedagogia Christiana*. [Invited author for special issue].
- Dickens, K. N., **Cleveland**, R. E., & Amason, L. (2020). Counselor education graduate students experiences with multiple roles and relationships. *Journal of Counseling Research and Practice*, 5(1). [Responsible for quantitative statistics, factor analysis, and instrument construction].
- Anekstein, A., Wells, P., **Cleveland**, R. E., Wagner, H., Kerwin, A., & Hill, N. (2019). Graduate student stressors and coping strategies. *Journal of Counseling Research and Practice*, 4(1), 86-101. [Responsible for factor analysis and write-up of results].
- Groover, C. D., Sergi McBrayer, J., **Cleveland**, R. E., & Riggs, A. J. (2019). Utilization and utility of institutional administrative and student affairs assessment resources. *Research and Practice in Assessment*, 14. [Served as methodologist for primary author].
- Wells, P., Dickens, K. N., McBrayer, J. S., & **Cleveland**, R. E. (2019). "If I don't laugh, I'm going to cry": Meaning making in the promotion, tenure, and retention process: A collaborative autoethnography. *The Qualitative Report*, 24(2), 334-351. Retrieved from <https://nsuworks.nova.edu/tqr/vol24/iss2/12>
- Hannon, M. D., Mohabir, R., **Cleveland**, R. E., & Hunt, B. (2019). School counselors, multiple student deaths, and grief: A narrative inquiry. *Journal of Counseling & Development*, 97(1). DOI: 10.1002/jcad.12234
- Cleveland**, R. E., Hilpert, J., & Cleveland, A. E. (2018). Evaluating and infusing participants' stress levels in dynamic training. *Interservice/Industry Training, Simulation and Education Conference, National Defense Industrial Association*. [Published conference paper].
- Cleveland**, R. E. (2018). Extending Tobin's mindfulness in education. *Cultural Studies of Science Education*, 14(4), 1115-1121. DOI: 10.1007/s11422-018-9899-4 [Invited to write critique of special issue focused on mindfulness].
- Cleveland**, R. E., & Sink, C. A. (2018). Student well-being as a component of student success. *Professional School Counseling*, 21(1), 1-10. DOI: 10.1177/2156759X18761898
- Cleveland**, R. E. (2018). Digital portfolios in mental health counselor education: Fostering reflection, assessment, and employment. *Tech Trends*, 62. DOI 10.1007/s11528-018-0262-0
- Cleveland**, R. E., & Hartline, J. (2017). Piloting a school counselor evaluation instrument: A school counselor association, department of education, and university collaboration. *Journal of School Counseling*.
- Kraus, S. E., & **Cleveland**, R. E. (2017). The effects of a cross-age peer mentoring program on school connectedness with rural populations [Manuscript with EdS student]. *Journal of the Georgia School Counselor Association*. Georgia School Counselor Association.
- Cleveland**, R. E. (2016). Mindfulness in K-12 education: School Counselor Connections. In *Ideas and research you can use: VISTAS, Fall 2016*. American Counseling Association.
- Cleveland**, R. E., & Sink, C. A. (2013). A mindfulness approach to educating preservice school counselors about spirituality. *Counselling and Spirituality*, 32(2), 59-77.
- Sink, C. A., & **Cleveland**, R. E. (2012). Spirituality an untapped developmental asset: Implications for school counseling. *Counselling and Spirituality*, 31(2), 15-36.
- Sink, C. A., **Cleveland**, R. E., & Stern, J. (2007). Spiritual formation in Christian school counseling programs. *Journal of Research on Christian Education*, 16, 35-63.

## BOOK CHAPTERS

- Cleveland**, R. E. (*in press*). Silent children. In Stern, J., Sink, C. A., Walejko, M., & Ho, W. P. (Eds.), *The Bloomsbury handbook of solitude, silence and loneliness*. London, UK: Bloomsbury [Invited chapter author].
- Cleveland**, R. E. (*in press*). Quiet Greatness. In Curry, J. H. & Jackson, S. R. (Eds.), *The greatest lecture I was never taught: Leadership lessons and mentoring moments from the lives of everyday educators*. Boston, MA: Brill Publishing, USA.

**BOOK CHAPTERS** [continued]

- Cleveland, R. E.** (2019). Professional dilemma: Unteachable teacher? [Invited author]. In Portman, T. A. A., Wood, C., & Fye, H. J. (Eds.), *Critical incidents in school counseling* (3rd ed.). Alexandria, VA: American Counseling Association.
- Cleveland, R. E.** (2019). What do I need to know, and how can I get the answers? Needs assessment from a 'not nosy' school counselor [Invited author]. In Portman, T. A. A., Wood, C., & Fye, H. J. (Eds.), *Critical incidents in school counseling* (3rd ed.). Alexandria, VA: American Counseling Association.
- Cleveland, R. E.** (2018). The hero's journey: Using narrative in group. In Viers, D. (Ed.), *The Group Therapist's Notebook* (2nd ed.). New York, NY: Routledge.
- Cleveland, R. E.** (2016). Spirituality & faith development issues [Invited author]. In Sink, C. A. (Ed.), *School-based counseling and student spirituality*. New York, NY: Routledge.

**DIGITAL/ONLINE PUBLICATIONS & PRESENTATIONS**

- Cleveland, R. E.** (2019, October). *Top 5 need to know regarding mindfulness* [Invited author]. Digital article written for school clinicians, published on the School Social Work Network <https://schoolsocialwork.net>
- Diaz, J., Gueh, B., **Cleveland, R. E.**, & Stewart Barre, I. (2017, February). *The culturally competent school counselor* [Invited presenter]. Professional development webinar hosted by Georgia Department of Education.
- Cleveland, R. E.** (2016, October). *Using story to connect*. Live internet presentation given at Georgia Southern University TEDx event October 21, 2016.
- Cleveland, R. E.** (2015, November). *Working as a professional school counselor* [Invited presenter]. Guest lecturer webcast for Seattle Pacific University students enrolled in EDU1200 Teaching as a Noble Profession.
- Cleveland, R. E.** (2015, April). *PK-12 career exploration: Relevancy in an RTI & CommonCore landscape* [Invited presenter]. Live webinar presentation given for American School Counselor Association, 2015 Professional Development Webinar Series.

**NON-JURIED PUBLICATIONS**

- Cleveland, R. E.**, (2019, Spring). Selecting mindfulness-based interventions (MBIs). *GSCA Beacon*.
- Prater, C. & **Cleveland, R. E.** (2018, Spring). Group counseling intervention for pregnant/parenting students. *GSCA Beacon*, 18-20 [Article with MEd student].
- Creamer, B. & **Cleveland, R. E.** (2017, spring). Addressing college & career readiness using field-based internships. *GSCA Beacon*, 18-19 [Article with MEd student].
- Cleveland, R. E.** (2010, Winter). Legendary leadership. *WSCA School Counselor Insights*, 5.
- Cleveland, R. E.** (2010, Fall). What are you worth? *WSCA School Counselor Insights, Fall*, 5.
- Cleveland, R. E.** (2010, Spring). Dangerous disconnect: What's needed in today's tough climate. *WSCA School Counselor Insights*, 7.
- Cleveland, R. E.** (2009, Fall). Back to school goals: Data collection. *WSCA School Counselor Insights*, 6-8.
- Cleveland, R. E.** (2009, Spring). Forming an advisory council. *WSCA School Counselor Insights*, 14-15.
- Cleveland, R. E.** (2008, Fall). Serving English language learners. *WSCA School Counselor Insights*, 8-9.
- Cleveland, R. E.** (2008). Surprised to lead. *ASCA School Counselor*, 45(6), 56-59.
- Cleveland, R. E.** (2008, Fall). Why elementary career counseling? *WSCA School Counselor Insights*, 13.
- Cleveland, R. E.** (2003). Implications of embracing social justice. *CSJ Activist*, 4 (2).

## INTERVIEWS

- Cleveland, R. E.** (2020, October). Law enforcement officers' experience of stress. *Who Cares? Casual Conversations with Southern Scholars* [Podcast interview hosted by Georgia Southern University College of Behavioral and Social Sciences and College of Education].
- Dowd, C. (2018, Spring). A mindful approach: Counselor educator brings federal-level training to Statesboro-Bulloch county law enforcement. *Georgia Southern Magazine* [Printed interview regarding Mindfulness-Based Tactical Instruction research].
- Cleveland, R. E.** (2018, October). *The Academic Minute*. Radio and online interview produced and supported by Association of American Colleges and Universities [Audio interview regarding Mindfulness-Based Tactical Instruction research].
- Cleveland, R. E.** (2011, August). *The conversation: Elementary school counselors*. Live radio interview aired on KUOW Puget Sound Public Radio, Seattle, Washington [Audio interview regarding role of professional school counselors in public education].
- Cleveland, R. E. & Kettler, W.** (2009, February). *Thrive by five: Learning for life*. Live television interview aired on local NBC news-affiliates (KING5, KONG, and NWCN), Seattle, Washington [Video interview regarding parents preparing students for kindergarten enrollment].

## INTERNATIONAL PAPERS, PRESENTATIONS & TRAININGS

- Cleveland, R. E.** (2021, April). *Children and silence*. Presentation for International Society for Research on Solitude Online Research Seminar. International Society for Research on Solitude [Invited presenter].
- Cleveland, R. E.** (2020, September). *Cultivating healthy solitude & mindfulness in children*. Presentation presented at Alone Together Again: 2nd International Pandisciplinary Symposium on Solitude, Szczecin University, Szczecin, Poland [Invited presenter. Symposium conducted online].
- Cleveland, R. E.** (2019, August). *Focusing on student happiness: School counselor role towards fostering students' subjective well-being*. 2019 Oxford Symposium in School-Based Family Counseling, Oxford University, Oxford, UK [Invited symposium presenter].
- Cleveland, R. E.** (2019, April). *Aware I am alone: Intersections of solitude and mindfulness*. Presentation presented at Alone Together: International Pandisciplinary Symposium on Solitude, York St. John University, York, UK [Invited symposium presenter].
- Cleveland, R. E.** (2014, August). *Happiness in US schools: Students' subjective well-being as a part of school improvement planning*. Paper presented at 8<sup>th</sup> International Conference on the Social and Moral Fabric of Schooling, University of Hull, Beverley, UK.

## NATIONAL PAPERS, PRESENTATIONS & TRAININGS

- Cleveland, R. E.** (2021, March). *Mental health awareness panel* [Invited panel member]. 2021 National Youth at Risk Online Conference, Savannah, Georgia.
- Perry, J., & **Cleveland, R. E.** (2021, March). *Aware, accepting, & able: A mindfulness-based approach supporting P-12 students through COVID-12*. Conference “Featured Speakers” at 2021 National Youth at Risk Online Conference, Savannah, Georgia [Invited presenters].
- Cleveland, R. E.** (2020, March). *Mindfulness: Aligning head, heart & hands*. Conference “Featured Speaker” at 2020 National Youth at Risk Conference, Savannah, Georgia [Invited presenter].
- Cleveland, R. E.** (2020, March). *Mental health awareness panel* [Invited panel member]. 2020 National Youth at Risk Conference, Savannah, Georgia.
- Cleveland, R. E.** (2019, February). *Supervision ethics within the P-12 setting*. [Invited presenter]. Ethics workshop presentation at 2019 National Cross Cultural Counseling & Education Conference for Research, Action, and Change, Savannah, Georgia.
- Cleveland, R. E., Hilpert, J., & Lorenzo, P.** (2018, November). *Evaluating and infusing participants’ stress levels in dynamic training*. Paper presentation given at 2018 Interservice/Industry Training, Simulation and Education Conference, National Defense Industrial Association, Orlando, Florida.
- Cleveland, R. E.** (2018, July). *The ‘mindful’ imitation of Christ: Mindfulness-based interventions within a Judeo-Christian framework*. Presentation given at 2018 Association for Spiritual Ethical Religious Values in Counseling Annual Conference, Dallas, Texas.
- Hannon, M. D., Mohabir, R., **Cleveland, R. E., & Hunt, B.** (2017, March). *Loss, grief, and self-care for school counselors: A collective case study*. Education session presentation at 2017 American Counseling Association Annual Conference, San Francisco, California.
- Cleveland, R. E.** (2016, March). *Video conferencing in service-learning and practicum: Analysis from a strengths-based perspective* [Session Chair/Moderator]. Panel discussion at 2016 SoTL Commons Conference, Savannah, Georgia.
- Cleveland, R. E., Wilson Harris, R. L., Landge, S., & Unal, A.** (2016, March). *2015-16 SoTL fellows panel: Approaches, resources, and obstacles* [Invited panelist]. Panel discussion at 2016 SoTL Commons Conference, Savannah, Georgia.
- Cleveland, R. E., & Hammond, C.** (2016, March). *From reflection to employment: Using digital portfolios in school counselor education* [Presentation with MEd student]. Workshop presentation at 2016 Innovations in School Counselor Preparation Conference, Athens, Georgia.
- Wells, P., & **Cleveland, R. E.** (2015, October). *How to parlay your phone interview to an on campus interview* [Invited presenter]. Workshop presentation at 2015 Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA.
- Cleveland, R. E.** (2015, March). *A return to first things: The primacy of aligning CGCP standards*. Workshop presentation at 2015 National Evidence-Based School Counseling Conference, METS Center, Northern Kentucky University.
- Cleveland, R. E.** (2012, November). *Mindfulness, mattering, & spirituality: Supervision considerations*. Presentation at 2012 Western Association for Counselor Education & Supervision Conference, Portland, Oregon.

**NATIONAL PAPERS, PRESENTATIONS & TRAININGS** [continued]

- Cleveland**, R. E. (2012, June). *When I grow up: Career lessons & activities for elementary*. Presentation at 2012 American School Counselor Association Annual Conference, Minneapolis, Minnesota.
- Sabella, R. A., & **Cleveland**, R. E. (2012, June). *Technology & state school counseling associations*. Workshop presentation at 2012 American School Counselor Association Leadership Development Institute, Minneapolis, Minnesota.
- Cleveland**, R. E. & Sink, C. A. (2012, June). *Mindfulness, mattering and spirituality*. Presentation at 2012 Association for Spiritual Ethical Religious Values in Counseling Annual Conference, Santa Fe, New Mexico.
- Cleveland**, R. E. & Hyun, J. H. (2011, June). *School counselor advocacy*. Workshop presentation at 2011 American School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E. (2010, July). *Becoming a part of your SIP: Actively incorporating yourself into the building's improvement plan*. Workshop presentation at 2010 American School Counselor Association Annual Conference, Boston, Massachusetts.

**STATE PAPERS, PRESENTATIONS & TRAININGS**

- Groover, C. D., Sergi McBrayer, J., **Cleveland**, R. E., & Riggs, A. J. (2019, October). *Connecting administrative and student affairs assessment and resources with student success* [Unable to attend conference]. Presentation at 2019 Georgia Education Research Association Annual Conference, Macon, Georgia.
- Simonin, J. R., & **Cleveland**, R. E. (2018, November). *Mindfulness with Judeo-Christian student populations* [Presentation with MEd student]. Workshop presentation at 2018 Georgia School Counselors' Association Conference, Macon, Georgia.
- Hammond, C., & **Cleveland**, R. E. (2015, November). *Career ready or rushed? Developing career exploration in CSCPs* [Presentation with MEd student]. Workshop presentation at 2015 Georgia School Counselors' Association Conference, Savannah, Georgia.
- Cleveland**, R. E. (2014, November). *Using the school improvement plan for program advocacy*. Workshop presentation at 2014 Georgia School Counselors' Association Conference, Augusta, Georgia.
- Cleveland**, R. E. & Cronin, R. (2012, March). *Promoting & supporting your school counseling program with technology* [Invited presenter]. Pre-conference workshop presentation 2012 Washington School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E. & Such, B. (2011, February). *Be an action (plan) hero!* Workshop presentation at 2011 Washington/Oregon School Counselor Association Joint-State Annual Conference, Vancouver, Washington.
- Cleveland**, R. E. (2010, October). *School counselor advocacy: Show how valuable you are!* Workshop presentation at 2010 Washington Counseling Association Annual Conference, Spokane, Washington.
- Cleveland**, R. E. (2010, April). *Helping all students succeed: Comprehensive school counseling in Washington state*. Workshop presentation at 2010 Washington State PTA Annual Conference, Seattle, Washington.
- Cleveland**, R. E. (2010, February). *Becoming a part of your SIP: Actively incorporating yourself into the building's improvement plan*. Workshop presentation at 2010 Washington School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E., Forrester, D., & Marston, T. (2010, February). *Technology tools for school counselors in the 21<sup>st</sup> century*. Workshop presentation at 2010 Washington School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E. (2009, February). *Elementary level round table*. Workshop presentation for elementary-level school counselors at 2009 Washington School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E., Dubin, B., & Roberts, D. (2008, February). *Elementary school counselor data collecting 101: Fast & easy tips to show what you're doing*. Workshop presentation for elementary-level school counselors at 2009 Washington School Counselor Association Annual Conference, Seattle, Washington.
- Cleveland**, R. E. (2006, February). *Searching for a school counseling job* [Invited speaker]. Member of current professionals panel presenting to and answering questions from graduate students at Washington School Counselor Association Annual Conference, Seattle, Washington.

## LOCAL PAPERS, PRESENTATIONS & TRAININGS

- Wells, P., & **Cleveland**, R. E. (2021, April). *Maintaining while carrying: Mindfulness as a trauma informed education tool* [Invited presenters]. Professional development in-service training for Hodge Elementary School as part of Georgia Southern University College of Education Professional Development Schools research grant.
- Wells, P., & **Cleveland**, R. E. (2020, August). *Caring for self to care for others: Mindfulness as a part of teacher wellness*. [Invited presenters]. Workshop presentation at 2020 Trauma Informed Educational Symposium of Southeast Georgia. Virtual Zoom symposium hosted by Georgia Southern University College of Education.
- Wells, P., & **Cleveland**, R. E. (2020, January). *Mindfulness*. [Invited presenters]. Breakout session, College of Education Spring Meeting, Nessmith-Lane Conference Center, Georgia Southern University.
- Cleveland**, R. E. (2019, September). *How school counselors help students*. Workshop presentation at 2019 Future Georgia Educators Conference, Russell Union, Georgia Southern University.
- Cleveland**, R. E. (2019, February). *School Counselor PLC: Liberty county school counselor superstars*. [Invited consultant]. PLC in-service as part of larger series of training for consultation provided to district, Liberty County Schools, Hinesville, Georgia.
- Cleveland**, R. E. (2019, January). *School counselor PLC: ASCA national model foundation*. [Invited consultant]. PLC in-service as part of larger series of trainings for consultation provided to district, Liberty County Schools, Hinesville, Georgia.
- Cleveland**, R. E. (2018, October). *Making DATA work: Taking a road trip with data*. [Invited presenter]. In-service workshop for district PLC, Liberty County Schools, Hinesville, Georgia.
- Cleveland**, R. E. (2018, October). *Making DATA work: School counselor data-driven decision making* [Invited presenter]. In-service workshop, Atlanta Public Schools District, Atlanta, Georgia.
- Cleveland**, R. E. (2018, September). *Professional school counselors: More than guidance counselors!* [Presentation with MEd students]. Workshop presentation at 2018 Future Georgia Educators Conference, Nessmith Lane Conference Center, Georgia Southern University.
- Cleveland**, R. E., & Wells, P. (2018, May). *Mindfulness outdoors*. Experiential workshop provided for College of Education students, staff, and faculty. Part of the *Think Global Learn Local #TGL2* Counselor Education program initiative, Georgia Southern University [Presenter and initiative creator].
- Cleveland**, R. E. (2018, January). *Mindfulness-based tactical instruction*. Presentation given for College of Education Research Committee Brown Bag Series, Georgia Southern University.
- Hall, H., McDonough, M., Lee, K., & **Cleveland**, R. E. (2017, September). *The role of a school counselor: Action & adventure every day* [Presentation with MEd students]. Workshop presentation at 2017 Future Georgia Educators Conference, Nessmith Lane Conference Center, Georgia Southern University.
- Cleveland**, R. E. (2017, June). *IRB processes & guidelines*. Presentation given for College of Education Graduate Summer Research Workshop, Georgia Southern University.
- Jensen, L. & **Cleveland**, R. E. (2017, June). *Developing your research and literature review*. Presentation given for College of Education Graduate Summer Research Workshop, Georgia Southern University.
- Cleveland**, R. E. (2016, November). *Review of quantitative and qualitative methodologies*. Presentation given at Georgia Southern University SoTL Academy November 1, 2016.
- Amason, L., Baxley, R., Favors, A., Garrison, T., Lovett, A., Neff, E., Stuart, J., Yancey, K., & **Cleveland**, R. E. (2016, September). *Opening doors and changing lives: School counselors as change agents* [Presentation with MEd students]. Workshop presentation at 2016 Future Georgia Educators Conference, Nessmith Lane Conference Center, Georgia Southern University.
- Cleveland**, R. E. (2016, June). *IRB processes & guidelines*. Presentation given for College of Education Graduate Summer Research Workshop, Georgia Southern University.
- Cleveland**, R. E. (2016, February). *Benefits of assessment processes in maximizing student learning and informing program curriculum* [Invited panelist]. Panel discussion at Third Annual Assessment Symposium, Office of Institutional Effectiveness, Georgia Southern University, Statesboro, Georgia.
- Lynn, A. D., Williams, C. T., & **Cleveland**, R. E. (2015, October). *Putting the "school" back in school counseling* [Presentation with MEd students]. Workshop presentation at 2015 Future Georgia Educators Conference, Nessmith Lane Conference Center, Georgia Southern University.

**LOCAL PAPERS, PRESENTATIONS & TRAININGS** [continued]

- Cleveland, R. E.** (2015, September). *PBIS: Research & current practices*. [Invited consultant]. Workshop presentation to MCES PBIS Team, Mill Creek Elementary School, Bulloch County Schools, Statesboro, Georgia.
- Cleveland, R. E.** (2015, February). *Construct measurement using factor analysis: Creating & validating survey protocols*. Presentation given for College of Education Research Committee Brown Bag Series, Georgia Southern University.
- Cleveland, R. E.** (2012, May). *Student spirituality* [Invited presenter]. West Sound Counselors' Association quarterly meeting, Bremerton, Washington.
- Cleveland, R. E. & Moore, L.** (2012, February). *School counseling strategies that support rigor and relevance in the classroom* [Invited presenter]. LID In-Service workshop, Everett Public Schools District, Everett, Washington.
- Cleveland, R. E.** (2011, January). *Nuts and bolts: Implementing comprehensive school counseling*. In-service workshop presented to school counselors in Bremerton School District, Bremerton, Washington.
- Cleveland, R. E.** (2010, October). *Nuts and bolts: Implementing comprehensive school counseling*. In-service workshop presented to school counselors in ESD 101, Spokane, Washington.
- Cleveland, R. E.** (2009, December). *Comprehensive school counseling & the ASCA National Model*. In-service workshop presented to school counselors in Tacoma School District, Tacoma, Washington.
- Cleveland, R. E.** (2008, November). *Intro to school counseling*. Guest speaker at Seattle Pacific University school counseling course, Seattle, Washington.
- Cleveland, R. E.** (2008, May). *Advocate, lead, reach* [Invited keynote speaker]. 2008 Everett PTSA Awards Banquet, Everett, Washington.
- Sink, C. A. & **Cleveland, R. E.** (2007). *D.Harmony.com – Finding just the right data for you!* [Invited presenter]. In-service training for Everett Public Schools district school counselors' meeting, Everett, Washington.
- Cleveland, R. E.** (2007). *Using data to present ES level CGCP to stakeholders*. In-service training for Everett Public Schools district school counselors' meeting, Everett, Washington.
- Cleveland, R. E.** (2007, November). *Intro to school counseling* [Invited speaker]. Seattle Pacific University school counseling course, Seattle, Washington.
- Cleveland, R. E.** (2006, November). *Intro to school counseling* [Invited speaker]. Seattle Pacific University school counseling course, Seattle, Washington.
- Cleveland, R. E.** (2006). *504 legislation*. In-service training for Everett Public Schools district school counselors' meeting, Everett, Washington.