

## **Rebekah “Bekah” Estevez, Ph.D., M.Ed.**

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### **EDUCATION**

- Ph.D.**            **The University of Georgia**  
Counseling Psychology (APA Accredited)  
*Pre-doctoral Internship*, Georgia State University Counseling Center  
2022
- M.Ed.**            **The University of Georgia**  
Professional Community Counseling (CACREP Accredited)  
2016
- B.S.**             **Berry College**  
Psychology with Minor in Spanish  
2014

### **PROFESSIONAL POSITIONS**

- 2022 -            Assistant Professor, Georgia Southern University: Clinical Psychology PsyD Program  
Tenure Track, Graduate Faculty

### **HONORS AND AWARDS**

- 2021            Louise McBee Scholarship, Athens Area Psychological Association  
2020            APA Division 35 Section 4 Graduate Student Research Award  
2019            de las Fuentes Dissertation Award, National Latinx Psychological Association  
2019            APA Division 44 Distinguished Student Contribution Award  
2019            Arthur M. Horne Graduate Research Award, University of Georgia  
2013            Ralph George Scholarship for Psychological Research, Berry College

### **PUBLICATIONS**

- Singh, A., **Estevez, R.**, Truszczynski, N., & Parker, B. (in press). LGBTQ+ people and discrimination. In K. L. Nadal and M. Scharron-del Rio (Eds.), *Queer Psychology: Intersectional Perspectives*. Springer.
- Singh, A. A., Thomas, T. A., **Estevez, R.**, & Truszczynski, N. (in press). Providing affirmative care to trans and nonbinary patients: Foundational knowledge for trans and nonbinary liberation. In R. Seth and P. D. Knott (Eds.), *Gender Affirming Surgery of the Face and Neck*. Nature Springer.

- Truszczynski, M., Truszczynski, N., & **Estevez, R.** (Accepted for publication). Does policy matter? The impact of state and city anti-discrimination policy on the discrimination experiences of trans and nonbinary people. *Journal of Sexuality Research and Social Policy*.
- Delgado-Romero, E.A., Mahoney, G.E., Muro-Rodriguez, N., Atilano, R., Cardenas- Bautista, E., De Los Santos, J., Duran, M., Espinoza, L., Fuentes, J., Gomez, S., **Estevez, R.**, Jiminez-Ruiz, J., Monroig, M., Mora-Ozuna, C., Ordaz, A.C., Rappaport, B., Suazo-Padilla, K., & Vazquez, M.S. (2021). La Clinica In Lak'ech: The establishment of a practicum site to integrate practice, advocacy, and research with Latinx clients. *The Counseling Psychologist – Special Issue, the Integration of Practice, Advocacy, and Research in Counseling Psychology*, 49(7), 987–1012. <https://doi.org/10.1177/00110000211025270>
- Estevez, R.** (2020, November). Working with trauma in Trans and Non-Binary (TNB) communities: Brief review of a burgeoning literature base. *Trauma Psychology News*, 16(2). <https://traumapsychnews.com/2020/11/working-with-trauma-in-trans-and-non-binary-tnb-communities-brief-review-of-a-burgeoning-literature-base/>
- Estevez, R.** (2020). Implications of research on prejudice for counseling practice. In D. Kleiber & E. Delgado-Romero (Eds.), *Social psychology and counseling: Issues and applications* (Chapter 17). Nova Science Publications Inc.
- Delgado-Romero, E.A., De Los Santos, J., Capielo Rosario, C., Jenkins, J. J., & **Estevez, R.** (2020). Latino/a Americans. In G. McAuliffe (Ed.), *Culturally alert counseling: A comprehensive introduction* (3rd Ed.) (pp. 261–285). Sage Publications.

## MANUSCRIPTS UNDER REVIEW OR IN PROGRESS

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- Estevez, R.**, & Merrifield, J., The Latinx LGBTQ+ community: Essential concepts and considerations. In Delgado-Romero, E.A. & Sena, A.E. (Eds., under contract). *Latinx Mental Health: From surviving to thriving*. Hershey, PA: IGI Global.
- Estevez, R.**, Pace, S., Mora-Ozuna, C., & Hamilton, J. (Manuscript in progress). “*Seeing the balance in the two worlds in which I exist*”: Latinx trans and nonbinary individuals’ experiences of culture-based risk and resilience.
- Estevez, R.**, Truszczynski, N., Parker, B., Riddle, L., & Singh, A. A. (Manuscript in progress). *The current status of learning and implementing the APA TGNC Guidelines in APA-Accredited psychology programs: A survey of current doctoral trainees*.
- Estevez, R.**, Alvarez-Hernandez, L. R., Olansky, E., Parker, B., & Singh, A.A. (Manuscript in progress). *Moving from internalized oppression to liberation: Latinx nonbinary identity development in the United States*.
- Truszczynski, N., Alvarez-Hernandez, L.R., & **Ingram Estevez, R.** (Manuscript Under Review). Gender non-binary and transgender individuals coping and resilience when facing experiences of discrimination and unfair events. Submitted to *Journal of Gay and Lesbian Mental Health*.
- Alvarez-Hernandez, L. R., **Estevez, R.**, & Lough, K. (Manuscript in progress). *Social media use among transgender and gender nonconforming people of color in the United States*.
- Alvarez-Hernandez, L. R., Lough, K., & **Estevez, R.** (Manuscript in progress). *Hashtags, images, and identity: An analysis of transgender Latina’s use of Instagram*.
- Alvarez-Hernandez, L. R., Lough, K., & **Estevez, R.** (Manuscript in progress). *Methodological considerations for using Instagram as data: Experiences of an interdisciplinary team*.

- Singh, A.A., & **Estevez, R.** (Manuscript in progress). Trans and Nonbinary Youth of Color. In A. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2<sup>nd</sup> Ed.). Sage Publications.
- Singh, A. A., Truszczynski, N., White, L., **Estevez, R.**, LeBlanc, A., & Bockting, W. (Manuscript in progress). *Understanding the role of racial identity achievement in resilience processes among trans people of color in the United States: A path analysis.*
- Singh, A. A., Truszczynski, N., **Estevez, R.**, & Meng, S., (Manuscript in progress). *The trans and nonbinary resilience survey: Results from a validation study.*
- Singh, A. A., Truszczynski, N., Aqil, A., **Estevez, R.**, LeBlanc, A., & Bockting, W. (Manuscript in progress). *Studying the resilience of transgender and nonbinary people: Historical roots and best practices.*
- Singh, A. A., Truszczynski, N., White, L., **Estevez, R.**, LeBlanc, A., & Bockting, W. (Manuscript in progress). *The risk and resilience experiences of Black trans and nonbinary people.*

## PRESENTATIONS

- Alvarez-Hernandez, L. R., Lough, K., & **Estevez, R.** (2021, May 19–22). *Hashtags, images, and identity: An interdisciplinary qualitative approach to analyzing transgender Latinas' use of Instagram.* [Paper presentation]. 17th International Congress of Qualitative Inquiry (Virtual).
- Estevez, R.**, Alvarez-Hernandez, L., Olansky, E., Parker, B., Singh, A. A., Bockting, W., & LeBlanc, A. (2022, August 4-6). *"I think it has made me fight more": Latinx nonbinary individuals' experiences of identity development in oppressive and liberatory contexts.* [Poster session]. American Psychological Association Annual Conference, Minneapolis, MN, United States.
- Estevez, R.** & Bissonnette, V. (2014, May 22–25). *The prevalence and dynamics of cyberbullying in middle school children* [Poster session]. Association of Psychological Science, San Francisco, CA, United States.
- Estevez, R.**, & Kutner, M. (2019, October 26). *Trans-affirming practices workshop.* [Conference presentation]. 2019 Women and Girls in Georgia Conference, Athens, GA, United States.
- Estevez, R.**, Ordaz, A.C., Mahoney, G.E., Bautista, E., Duran, M., Atilano, R., Calva, A., Ruiz, J., & Delgado-Romero, E. (2019, January 26). *Creating community-based, interdisciplinary training opportunities for culturally- and linguistically-responsive mental healthcare providers* [Symposium]. Third Annual University of Georgia Social Justice Symposium, Athens, GA, United States.
- Estevez, R.**, Truszczynski, N., Evans, M., & Matsuno, E. (2020, April 2–5). *Developing advisory boards and researchers in trans and nonbinary research: Exploring roles, relationships, and power as we work toward trans liberation* [Roundtable]. 2020 Counseling Psychology Conference, New Orleans, LA, United States (Conference cancelled).
- Duran, M., **Estevez, R.**, Ordaz, A., & Delgado-Romero, E. (2020, April 2–5). *¿La voz de quien y para quién?: A Critical analysis of undocumented Latinx immigrants and psychology.* [Roundtable]. 2020 Counseling Psychology Conference, New Orleans, LA, United States (Conference cancelled).
- Dominguez, S., Hashtpari, H., & **Estevez, R.** (2020, April 2–5). *Power, privilege, & skittles: A roundtable discussion on using active learning to teaching Intersectionality.* [Roundtable]. 2020 Counseling Psychology Conference, New Orleans, LA, United States. (Conference cancelled).

- Matsuno, E., Price, M., Budge, S., Bettergarcia, J., & **Estevez, R.** (2020, August 6–9). *LGBTQ affirming therapy: Current research and best practices*. [Symposium]. American Psychological Association Conference, Washington, D.C., United States.
- Mahoney, G.E., Cardenas Bautista, E., Duran, M., **Estevez, R.**, Ordaz, A., & Delgado-Romero, E. A. (2020, April 2–5). *Closing the gap: Experiences of bilingual clinicians serving the Latinx community in Georgia* [Roundtable]. 2020 Counseling Psychology Conference, New Orleans, LA, United States (Conference canceled).
- Miller, D., Matsuno, E., **Estevez, R.**, & Puckett, J. (2022, January 5-7). *Strengths, resilience, and resistance of trans and nonbinary people*. [Symposium]. National Multicultural Conference and Summit. Virtual Conference.
- Minero, L., & **Estevez, R.** (2019, October 17–20). *Exploring the qualitative inquiry of resilience and mental health of Latinx transgender and gender diverse communities* [Roundtable]. National Latinx Psychological Association, San Diego, CA, United States.
- Singh, A.A., **Estevez, R.**, Truszczynski, T., White, L., LeBlanc, A., Bockting, W., Pace, S., Mora-Ozuna, C., & Hamilton, J. (2022, Aug 4-6). *Supporting trans and nonbinary Black, Latinx, and POC Communities: Liberatory research and practice*. [Symposium]. American Psychological Association Conference, Minneapolis, MN, United States.
- Singh, A. A., Evans, M., **Estevez, R.**, Truszczynski, T., & White, L. (2019, October 17–20). *"It's a lonely path": Experiences of risk within the Latinx trans and non-binary community* [Poster presentation]. National Latinx Psychological Association, Miami, FL, United States.
- Singh, A. A., Truszczynski, N., White, L., **Estevez, R.**, LeBlanc, A., & Bockting, W. (2019, September 4–8). *The development of resilience in Black trans and nonbinary people: A Project AFFIRM study* [Poster presentation]. United States Professional Association of Transgender Health Conference, Washington, DC., United States.
- Olezeski, C. L., Testa, R., Singh, A. A., Chen, D., Bamatter, W., & **Estevez, R.** (2019, August 8–11). *Minority stress and the impact of acceptance for transgender youth: Policy and practical implications* [Symposium]. American Psychological Association Conference, Chicago, IL, United States.
- Singh, A. A., Truszczynski, N., White, L., **Estevez, R.**, LeBlanc, A., & Bockting, W. (2019, January 16–18). *Moving toward liberation: Trans people of color, sex work, and dismantling cisgender privilege* [Symposium]. National Multicultural Summit and Conference, Denver, CO, United States.
- Singh, A. A., Truszczynski, N., White, L., **Estevez, R.**, LeBlanc, A., & Bockting, W. (2018, November 2–6). *Understanding the role of racial identity achievement among trans people of color in the United States: Findings from Project AFFIRM*. [Paper presentation]. World Professional Association of Transgender Health, Buenos Aires, Argentina.
- Rappaport, B., Mahoney, G.E., **Estevez, R.**, & Delgado-Romero, E. (2018, October 18–21). *Being a white ally to the Latinx population through research: culturally competent dissertation research* [Symposium]. National Latinx Psychological Association, San Diego, CA, United States.
- Shiffler, S., Fogleman, S., Rappaport, B., **Estevez, R.** (2018, March 6–9) *PC culture and psychology: A counseling psychology perspective* [Conversation hour]. Southeastern Psychological Association, Charleston, South Carolina, United States.

## **INVITED SPEAKING ENGAGEMENTS AND WORKSHOPS**

2021 Racial Healing Circle Workshop Facilitator, Microsoft Corporation

- 2021 Black and Latinx Trans and Nonbinary Identity, Risk, and Resilience: Implications for Intersectionality and Liberation (Given at the NYS Psychiatric Institute at Columbia University's LGBT Health Series)
- 2020 Let's Talk: Trans and Nonbinary Health in the Rural South – A TRANSNetwork Webinar
- 2019 Supporting Trans and Non-Binary People's Resilience in Healthcare Settings– A TRANSNetwork Webinar

**PROFESSIONAL MEMBERSHIPS AND ORGANIZATIONS**

- 2020-present Member, American Psychological Association, Div 45
- 2016-present Member, American Psychological Association Div 17
- 2017-present Member, American Psychological Association, Div 44
- 2014-2016 Member, American Counseling Association (ACA)
- 2014 Member, Association for Psychological Science (APS)
- 2014-2016 Member, UGA Community Counseling Student Association (CCSA)
- 2013-2014 Member, Phi Kappa Phi National Academic Honors Society
- 2013-2014 President, Psi Chi International Psychology Honors Society
- 2012-2014 Member, Omicron Delta Kappa National Leadership Honors Society
- 2012-2014 President, LISTEN Berry (LGBT/Ally Student Group)

**LEADERSHIP, PROFESSIONAL, AND EDITORIAL EXPERIENCE**

- 2023-2026 Editorial Board Member - *The Counseling Psychologist*
- 2022-present American Psychological Association, Division 44 Communications Co-Chair
- 2021 American Psychological Association Commission on Accreditation – APAGS Seat
- 2019-present Expert Reviewer – *Journal of Latinx Psychology*
- 2020 Reviewer - NLPA Awards Committee
- 2020 UGA Counseling Psychology Program Student Advisory Committee Representative
- 2020 Division 17 Counseling Psychology Conference Activities Committee
- 2017-2020 Co-Chair, Community of Students & Student Representative, American Psychological Association, Division 44
- 2016-2021 Founding Member, College of Education Committee for Trans-Affirming Practices, University of Georgia

**INVOLVEMENT IN GRANT-FUNDED RESEARCH**

- 2020-2021 **Co-Investigator**  
 School of Social Work, University of Georgia  
 Title: Hashtags, Images, and Identity: An Analysis of Transgender Women of Color's Use of Instagram and Social Media  
 Funding Source: Paul C. and Margaret Beasley Broun Faculty and Graduate Student Micro-Grant

- 2017-2022      **Project Coordinator** (under the direction of Anneliese Singh, Ph.D.)  
 Department of Counseling and Human Development Services, University of Georgia  
 Title: *Project AFFIRM: Longitudinal Study of Trans and Non-Binary (TNB) Identity Development and Resilience*  
 Funding Source: National Institute of Health (NIH)
- 2019-2022      **Project Coordinator** (under the direction of Anneliese Singh, Ph.D.)  
 Department of Counseling and Human Development Services, University of Georgia  
 Title: *TRANSNetwork in the South: Development of a Regional Transgender Health Research and Education Collaborative in the Southern US*  
 Funding source: Patient-Centered Outcomes Research Institute (PCORI)
- 2015-2016      **Project Assistant** (under the direction of Anneliese Singh, Ph.D.)  
 Department of Counseling and Human Development Services, University of Georgia  
 Title: *Project AFFIRM: Longitudinal study of Trans and Non-Binary (TNB) Identity Development and Resilience*  
 Funding Source: National Institute of Health (NIH)
- 2011-2014      **Research Assistant** (under the direction of Kristen Diliberto-Macaluso, Ph.D.)  
 Department of Psychology, Berry College

## TEACHING EXPERIENCE

### Georgia Southern University

- Fall 2022      **Instructor**, PSYC 4436, Theories of Psychotherapy  
 Fall 2022      **Instructor**, PSYC 7237, Psychotherapy Skills I

### University of Georgia, Department of Counseling and Human Development Services

- 2021      **Co-instructor**, ECHD 9060, Advanced Multicultural Counseling  
 2020      **Guest lecturer**, EDUC 8190, Introduction to Social Justice Frameworks  
 2019      **Co-instructor**, ECHD 4660/6660, U.S. Latino/a Mental Health  
 2016      **Guest lecturer**, FYOS 1001, Success Strategies for First Generation Students  
 2017–2021      **Guest lecturer**, ECHD 3030, Diversity and Helping Skills  
 2018–2021      **Guest lecturer**, UGA DEI Office, Helping Skills for Working with TNB Communities

### Berry College, Department of Foreign Language

- 2012      **Instructor**, English as a Second Language–Community Course

## OTHER PROFESSIONAL EXPERIENCE

- 2016-2021      **Academic Coach**  
*College of Agricultural and Environmental Sciences, University of Georgia*

- Provide advising assistance and support for students within the college currently on academic probation or dismissal to identify factors adversely impacting their academic and personal success.
- Promote the Academic Coaching Program within the college through workshops, seminars, and outreach activities.
- Collaborated with University of Georgia Counseling and Psychiatric Services (CAPS) personnel to create student-in-crisis procedures for College of Agricultural and Environmental Sciences advisors.
- Created four-session seminar series for transfer students to the college. Topics include experiential learning opportunities, study skills and habits, stress management, and internship and job opportunities.
- Created 2<sup>nd</sup> Chance Dawgs mentorship opportunity for students who have come off of academic probation to work with and mentor students currently on academic probation.
- Implement study abroad coaching sessions with CAES students

## CLINICAL EXPERIENCE

- 2021-2022      **Pre-doctoral Intern**  
*Counseling Center, Georgia State University*  
 APA Accredited 2000-hour doctoral internship
- 2020-2021      **Advanced Practicum Intern (Doctoral)**  
*Counseling and Psychiatric Services (CAPS), University of Georgia*
- Provided individual and group psychotherapy services within a short-term psychotherapy model
  - Conducted outreach, workshop, and COVID-19 hotline services for the university community
  - Conducted initial screenings and intake clinical interviews to determine fit within scope of UCC setting
- 2019-2021      **Counseling Intern (Doctoral)**  
*Behavioral Health Services, Mercy Health Center*
- Provided individual psychotherapy services within an integrated primary care setting
  - Engaged in collaborative behavioral health medication management with primary care providers
  - Participated in case management and service coordination between providers and agencies
  - Managed caseload of clients experiencing severe mental health disorders and medical concerns (e.g., chronic pain, Complex PTSD)
- 2018-2019      **Counseling Intern (Doctoral)**  
*La Clinica in Lak'ech Bilingual Counseling Services*
- Provided counseling services at Athens, GA's only bilingual counseling center serving the local Latinx community
  - Conducted intake sessions and individual counseling sessions in English and some Spanish

- Garnered co-counseling experience with bilingual Latinx therapists with Spanish-speaking clients
- Co-created and co-lead a processing group for undocumented and mixed-status family Latinx adolescents
- Collaborated with University of Georgia Law Clinic on cases related to VAWA and deportation cases
- Engaged in local Latinx cultural events to engage with the community and enhance access to services

2017-2021

**Counseling Intern (Doctoral)**

2015-2016

**Counseling Intern (Master's)**

*Center for Counseling and Personal Evaluation (CCPE), University of Georgia*

2015-2016

**Counseling Intern (Master's)**

*Summit Ridge Psychiatric Hospital*

### **ADDITIONAL SKILLS**

Conversational Spanish fluency